

# Lifting Equipment

When using a plant machinery to conduct lifting operations there are several considerations than need to be made before the lifting operation can begin.

- 1 What hazards are in the area? Including the ground conditions, and their weight bearing capability.
- 2 What piece of plant equipment is going to be uses?
- 3 Does the piece of plant equipment have a **MANUFACTURES APPROVED LIFTING LUG?**
- 4 What is the load rating (SWL) of the piece of plant equipment? And at what distance?
- 5 How much does the load weight?
- 6 How far away from the machine is the load?
- 7 Where is the loads centre of gravity?
- 8 Where are the lifting point/s for the load?
- 9 What type of lifting equipment is required to lift the load?
- 10 What is the lifting capability of each piece of the lifting equipment?
- 11 What is the condition of the lifting equipment?

Only after answering these questions are you able to safely lift and shift the load.

Plant equipment can only be used for lifting as a crane for work connected directly with the excavation.

## Lifting Chain

The Strength or how much the lifting sling can lift is determined by the grade (G) of the chain.

Do not use a lifting sling to lift if it does not have a manufactures tag that gives details of the SWL. Return the sling to the manufacture for SWL assessment and re-tagging.

## Lifting formulas

There are 3 formulas too remember to work out the capability of different grades of lifting chains or for Flexible Steel Wire Rope (FSWR). Although through these formulas the SWL of the lifting equipment can be worked out the law states that each piece of lifting equipment must have a Safe Working Load (SWL) tag, or the SWL stamped on it. Without the SWL tag or SWL stamp the lifting equipment can not be used for lifting.

The 3 formulas are for lifting are

1. Grade (G) 80 Lifting Chain  
 **$D^2 \times 32 = SWL$**
2. Grade (G) 30 to 75 Lifting Chain  
 **$D^2 \times G \times 0.3 = SWL$**
3. Flexible Steel Wire Rope  
 **$D^2 \times 8 = SWL$**

**D** = Diameter of the chain or FSWR

**<sup>2</sup>** = Means Multiplying the factor by itself. For example the diameter (D) is the factor.

The Diameter is 10mm (D = 10)       $D^2 = 10^2$        $10^2 = 10 \times 10$        $10 \times 10 = 100$

So  $10^2$  is the same as  $10 \times 10$  and both = 100, it is just a shorter way to write it

**G** = Grade of the chain (The strength of the chain)

**32, 0.3, and 8** = are the factors required for each of the 3 different formula to calculate the SWL

It is easier to keep the = in the same position throughout the calculation when using the formula see the answer at the back for examples.

To calculate the SWL of lifting chains there are 2 formulas depending on the grade of the chain. The base units for all lifting formulas are kilograms (kg) for the weight or the (SWL) and millimetres for the diameter of the sling.

# Lifting Equipment

## Formula 1 for Grade 80 lifting Slings

$$D^2 \times 32 = \text{SWL Grade 80}$$

$$D^2(\text{mm}) \times 32 = \text{SWL(KG)}$$

This formula calculates the safe working load that can be lifted by the diameter of the grade 80 lifting chain.

### Chain diameter 10mm, grade 80 (T)

**Formula for grade 80**

$$D^2 \times 32 = \text{SWL}$$

**Add the diameter**

$$10^2 \times 32 = \text{SWL}$$

**Simplify the equation & do the calculation**

$$10 \times 10 \times 32 = 3200 \text{kg SWL}$$

**10mm grade 80 chain has a SWL of 3.2 tonnes**

When the weight (SWL) is given the formula can be converted so that the minimum required diameter of the lifting chain can be calculated.

**The load to be lifted weighs 3.2 tonnes and is classed as the SWL, the chain is grade 80 (T)**

### To convert the formula

Formula for Grade 80 chain

$$D^2 \times 32 = \text{SWL}$$

√ (square root) instead of <sup>2</sup> (squaring)

$$D \times 32 = \sqrt{\text{SWL}}$$

÷ (Divide) instead of x (Multiplying)

$$D \times 32 = \sqrt{\text{SWL}} \div$$

Shift the 32 to the other side of the Equation

$$D = \sqrt{\text{SWL}} \div 32$$

**Formula is now converted to calculate the diameter**

$$D = \sqrt{\text{SWL}} \div 32$$

Converted formula

$$D = \sqrt{\text{SWL}} \div 32$$

Insert the weight to be lifted as the SWL

$$D = \sqrt{3200} \div 32$$

Divide 3200 by 32

$$D = \sqrt{100}$$

√100

$$D = 10 \text{mm}$$

**To lift 3.2 tonnes a 10mm diameter grade 80 lifting chain is required**

# Lifting Equipment

## Formula for Grade 30 -70 Lifting Slings

$$D^2 \times G \times 0.3 = SWL$$

$$D^2(\text{mm}) \times \text{Grade of the chain} \times 0.3 = SWL(\text{kg})$$

This formula calculates the safe working load that can be lifted from grade 30 lifting chains through to grade 75 lifting chains.

### Chain diameter 10mm, grade 60

Formula for grade 30- 75 lifting chain

$$D^2 \times G \times 0.3 = SWL$$

Add the diameter & the grade

$$10^2 \times 60 \times 0.3 = SWL$$

Simplify the equation & do the calculation

$$10 \times 10 \times 60 \times 0.3 = 1800 \text{ kg SWL}$$

**10mm grade 60 chain has a SWL of 1.8 tonnes**

When the weight (SWL) is given the formula can be converted so that the minimum required diameter of the lifting chain can be calculated

**The load to be lifted weighs 1.8 tonnes and is classed as the SWL, the chain is grade 60**

### To convert the formula

Formula for Grade 30 - 75 chain

$$D^2 \times G \times 0.3 = SWL$$

√ (square root) instead of <sup>2</sup> (squaring)

$$D \times G \times 0.3 = \sqrt{SWL}$$

÷ (Divide) instead of x (Multiplying)

$$D \times G \times 0.3 = \sqrt{SWL} \div$$

Shift the G to the other side of the equation

$$D \times 0.3 = \sqrt{SWL} \div G$$

÷ (Divide) instead of x (Multiplying)

$$D \times 0.3 = \sqrt{SWL} \div G \div$$

Shift the 0.3 to the other side of the equation

$$D = \sqrt{SWL} \div G \div 0.3$$

**Formula is now converted to calculate the diameter**

$$D = \sqrt{SWL} \div G \div 0.3$$

Converted formula

$$D = \sqrt{SWL} \div G \div 0.3$$

Insert the weight to be lifted as the SWL

$$D = \sqrt{1800} \div 60 \div 0.3$$

Divide 1800 by 60 divided by 0.3

$$D = \sqrt{100}$$

√100

$$D = 10\text{mm}$$

**To lift 1.8 tonnes a 10mm diameter grade 60 lifting chain is required**

# Lifting Equipment

## Formula 3 for Flexible steel wire rope (FSWR)

$$D^2 \times 8 = \text{SWL FSWR}$$

$$D^2(\text{mm}) \times 8 = \text{SWL(KG)}$$

This formula calculates the safe working load that can be lifted by the diameter of the Flexible Steel Wire Rope (FSWR).

### FSWR diameter 10mm

Formula for grade 80

$$D^2 \times 8 = \text{SWL}$$

Add the diameter

$$10^2 \times 8 = \text{SWL}$$

Simplify the equation & do the calculation

$$10 \times 10 \times 8 = 800\text{kg}$$

**10mm FSWR has a SWL of 0.8 tonnes**

When the weight (SWL) is given the formula can be converted so that the minimum required diameter of the lifting chain can be calculated.

**The load to be lifted weighs 0.8 tonnes and is classed as the SWL, with FSWR**

### To convert the formula

Formula for Grade 80 chain

$$D^2 \times 8 = \text{SWL}$$

√ (square root) instead of <sup>2</sup> (squaring)

$$D \times 8 = \sqrt{\text{SWL}}$$

÷ (Divide) instead of x (Multiplying)

$$D8 = \sqrt{\text{SWL}} \div$$

Shift the 8 to the other side of the Equation

$$D = \sqrt{\text{SWL}} \div 8$$

**Formula is now converted to calculate the diameter**

$$D = \sqrt{\text{SWL}} \div 8$$

Converted formula

$$D = \sqrt{\text{SWL}} \div 8$$

Insert the weight to be lifted as the SWL

$$D = \sqrt{800} \div 8$$

Divide 800 by 8

$$D = \sqrt{100}$$

Square root 100

$$D = 10\text{mm}$$

**To lift 0.8 tonnes a 10mm diameter FSWR is required**

# Lifting Equipment

## Grade 80 (T) Lifting Sling

**$D^2 \times 32 = SWL$**  Grade 80 Lifting sling

Q1

12mm can lift what SWL?

**$D = \sqrt{SWL \div 32}$**  Grade 80 Lifting sling

Q4

What diameter is required to lift 1.8T?

Q2

18mm can lift what SWL

Q5

What diameter is required to lift 3.75T?

Q3

28mm can lift what SWL?

Q6

What diameter is required to lift 18.26?

# Lifting Equipment

## Grade 30 -75 Lifting Sling

$$D^2 \times G \times 0.3 = SWL$$
 Grade 30 -75 Lifting Sling

Q 7

12mm Grade 70 lifting chain can lift what SWL?

$$D = \sqrt{SWL \div G \div 0.3}$$
 Grade 30 -75 Lifting Sling

Q 10

What diameter Grade 70 lifting chain is required to lift 1.8T?

Q 8

18mm Grade 50 lifting chain can lift what SWL?

Q 11

What diameter Grade 50 lifting chain is required to lift 3.75T?

Q 9

28mm Grade 35 lifting chain can lift what SWL?

Q 12

What diameter Grade 35 lifting chain is required to lift 18.26?

## Lifting Equipment

### FSWR Lifting Sling

$$D^2 \times 8 = \text{SWL FSWR}$$

$$D = \sqrt{\text{SWL} \div 8}$$

Q 13

12mm FSWR can lift what SWL?

Q 16

What diameter FSWR is required to lift 1.8T?

Q 14

18mm FSWR can lift what SWL

Q 17

What diameter FSWR is required to lift 3.75T?

Q 15

28mm FSWR can lift what SWL?

Q 18

What diameter FSWR is required to lift 18.26?

# Lifting Equipment

## Grade 80 (T) Lifting Sling

Q1

**12mm can lift what SWL?**

$$D^2 \times 32 = \text{SWL}$$

$$12^2 \times 32 = \text{SWL}$$

$$12 \times 12 \times 32 = 4,608 \text{kg SWL}$$

12mm diameter lifting sling can lift 4.608kg

Q2

**18mm can lift what SWL**

$$D^2 \times 32 = \text{SWL}$$

$$18^2 \times 32 = \text{SWL}$$

$$18 \times 18 \times 32 = 10,368 \text{kg SWL}$$

18mm diameter lifting sling can lift 10,368kg

Q3

**28mm can lift what SWL?**

$$D^2 \times 32 = \text{SWL}$$

$$28^2 \times 32 = \text{SWL}$$

$$28 \times 28 \times 32 = 25,088 \text{kg SWL}$$

28mm diameter lifting sling can lift 25,088kg

Q4

**What diameter is required to lift 1.8T?**

$$D^2 \times 32 = \text{SWL}$$

$$D \times 32 = \sqrt{\text{SWL}}$$

$$D \times 32 = \sqrt{1800}$$

$$D = \sqrt{1800} \div 32$$

$$D = \sqrt{1800} \div 32$$

$$D = \sqrt{56.25}$$

$$D = 7.5 \text{mm}$$

8mm diameter lifting sling required to lift 1.8T

Q5

**What diameter is required to lift 3.75T?**

$$D^2 \times 32 = \text{SWL}$$

$$D \times 32 = \sqrt{\text{SWL}}$$

$$D \times 32 = \sqrt{3750}$$

$$D = \sqrt{3750} \div 32$$

$$D = \sqrt{3750} \div 32$$

$$D = \sqrt{117.1875}$$

$$D = 10.825 \text{mm}$$

11mm diameter lifting sling required to lift 3.75T

Q6

**What diameter is required to lift 18.26T?**

$$D^2 \times 32 = \text{SWL}$$

$$D \times 32 = \sqrt{\text{SWL}}$$

$$D \times 32 = \sqrt{18260}$$

$$D = \sqrt{18260} \div 32$$

$$D = \sqrt{18260} \div 32$$

$$D = \sqrt{570.625}$$

$$D = 23.888 \text{mm}$$

24mm diameter lifting sling required to lift 18.26T

# Lifting Equipment

## Grade 30 -75 Lifting Sling

Q 7

**12mm Grade 70 lifting chain can lift what SWL?**

$$D^2 \times G \times 0.3 = \text{SWL}$$

$$12^2 \times 70 \times 0.3 = \text{SWL}$$

$$12 \times 12 \times 70 \times 0.3 = 3,024 \text{kg SWL}$$

12mm diameter Grade 70 lifting sling can lift 3.024T

Q 8

**18mm Grade 50 lifting chain can lift what SWL**

$$D^2 \times G \times 0.3 = \text{SWL}$$

$$18^2 \times 50 \times 0.3 = \text{SWL}$$

$$18 \times 18 \times 50 \times 0.3 = 4,860 \text{ SWL}$$

18mm diameter Grade 50 lifting sling can lift 4.86T

Q 9

**28mm Grade 35 lifting chain can lift what SWL?**

$$D^2 \times G \times 0.3 = \text{SWL}$$

$$28^2 \times 35 \times 0.3 = \text{SWL}$$

$$28 \times 28 \times 35 \times 0.3 = 8,232 \text{ SWL}$$

28mm diameter Grade 35 lifting sling can lift 8.232T

Q 10

**What diameter Grade 70 lifting chain is required to lift 1.8T?**

$$D^2 \times G \times 0.3 = \text{SWL}$$

$$D \times G \times 0.3 = \sqrt{\text{SWL}}$$

$$D \times G \times 0.3 = \sqrt{\text{SWL}} \div G$$

$$D \times 0.3 = \sqrt{\text{SWL}} \div G$$

$$D \times 0.3 = \sqrt{\text{SWL}} \div G \div 0.3$$

$$D = \sqrt{\text{SWL}} \div G \div 0.3$$

$$D = \sqrt{1800} \div 70 \div 0.3$$

$$D = \sqrt{185.71}$$

$$D = 9.26 \text{mm}$$

10mm diameter grade 70 lifting chain required to lift 1.8T

Q 11

**What diameter Grade 50 lifting chain is required to lift 3.75T?**

$$D^2 \times G \times 0.3 = \text{SWL}$$

$$D \times G \times 0.3 = \sqrt{\text{SWL}}$$

$$D \times G \times 0.3 = \sqrt{\text{SWL}} \div G$$

$$D \times 0.3 = \sqrt{\text{SWL}} \div G$$

$$D \times 0.3 = \sqrt{\text{SWL}} \div G \div 0.3$$

$$D = \sqrt{\text{SWL}} \div G \div 0.3$$

$$D = \sqrt{3750} \div 50 \div 0.3$$

$$D = \sqrt{250}$$

$$D = 15.81 \text{mm}$$

16mm diameter grade 50 lifting chain required

Q 12

**What diameter Grade 35 lifting chain is required to lift 18.26T?**

$$D^2 \times G \times 0.3 = \text{SWL}$$

$$D \times G \times 0.3 = \sqrt{\text{SWL}}$$

$$D \times G \times 0.3 = \sqrt{\text{SWL}} \div G$$

$$D \times 0.3 = \sqrt{\text{SWL}} \div G$$

$$D \times 0.3 = \sqrt{\text{SWL}} \div G \div 0.3$$

$$D = \sqrt{\text{SWL}} \div G \div 0.3$$

$$D = \sqrt{18260} \div 35 \div 0.3$$

$$D = \sqrt{1739.05}$$

$$D = 41.70 \text{mm}$$

42mm diameter grade 35 lifting chain required

# Lifting Equipment

## FSWR Lifting Sling

Q 13

12mm FSWR can lift what SWL?

$$D^2 \times 8 = \text{SWL}$$

$$12^2 \times 8 = \text{SWL}$$

$$12 \times 12 \times 8 = 1,153 \text{kg SWL}$$

12mm diameter FSWR lifting sling can lift 1,153T

Q 14

18mm FSWR can lift what SWL

$$D^2 \times 8 = \text{SWL}$$

$$18^2 \times 8 = \text{SWL}$$

$$18 \times 18 \times 8 = 2,592 \text{kg SWL}$$

18mm diameter FSWR lifting sling can lift 2.593T

Q15

28mm FSWR can lift what SWL?

$$D^2 \times 8 = \text{SWL}$$

$$28^2 \times 8 = \text{SWL}$$

$$28 \times 28 \times 8 = 6,272 \text{kg SWL}$$

28mm diameter FSWR lifting sling can lift 6,272

Q 16

What diameter FSWR is required to lift

1.8T?

$$D^2 \times 8 = \text{SWL}$$

$$D \times 8 = \sqrt{\text{SWL}}$$

$$D8 = \sqrt{\text{SWL}} \div 8$$

$$D = \sqrt{\text{SWL}} \div 8$$

$$D = \sqrt{\text{SWL}} \div 8$$

$$D = \sqrt{1,800} \div 8$$

$$D = \sqrt{225}$$

$$D = 15 \text{mm}$$

15mm diameter FSWR lifting sling required to lift 1.8T

Q 17

What diameter FSWR is required to lift 3.75T?

$$D^2 \times 8 = \text{SWL}$$

$$D \times 8 = \sqrt{\text{SWL}}$$

$$D8 = \sqrt{\text{SWL}} \div 8$$

$$D = \sqrt{\text{SWL}} \div 8$$

$$D = \sqrt{\text{SWL}} \div 8$$

$$D = \sqrt{3,750} \div 8$$

$$D = \sqrt{468.75}$$

$$D = 21.65 \text{mm}$$

22mm diameter FSWR lifting sling required to lift 3.75T

Q18

What diameter FSWR is required to lift 18.26T?

$$D^2 \times 8 = \text{SWL Grade 80}$$

$$D \times 8 = \sqrt{\text{SWL}}$$

$$D8 = \sqrt{\text{SWL}} \div 8$$

$$D = \sqrt{\text{SWL}} \div 8$$

$$D = \sqrt{\text{SWL}} \div 8$$

$$D = \sqrt{18,260} \div 8$$

$$D = \sqrt{2,282.5}$$

$$D = 47.78 \text{mm}$$

48mm diameter FSWR lifting sling required to lift 18.26T

## Lifting Equipment

Always maintain a safe distance from electrical wires when travelling with the boom raised.

To prevent electrocution

- Keep at least 6.4 meters from distribution line on **power poles**
- Keep at least 10 meters transmission lines on **towers**

### **SEE PAGE 16A FOR DIAGRAM OF OPERATING DISTANCES FROM POWER**

If your machine makes contact with power electrical wires:

- Stay calm
- Stay in your seat if safe
- Warn others to keep away from the area
- Try to untangle the machine from the electrical wires
- If you have to leave the machine ensure that
  - Jump from the machine ensuring that you don't touch the machine and the ground at the same time
  - Hop away from the machine, do not walk
- Contact the power authority